



PCDA

PROFESSIONAL CHILD DEVELOPMENT ASSOCIATES

**2017-2018
ANNUAL REPORT**



Dear Friends,

We are very pleased to present the annual report for 2017-2018. PCDA is continuing to grow as we pursue our mission of helping children with developmental challenges to become engaged, caring, and happy as they advance in developmental skills. The DIRFloortime® approach provides a framework that guides all of our services. This approach emphasizes partnerships with parents and a strong focus on social-emotional development. In addition, we value each child's individuality – their unique abilities and interests. We are fortunate to have a team of specialists from many disciplines who work together to provide a comprehensive understanding of each child and family.

Our mission is also to provide education and training in DIRFloortime® to parents and other professionals. We are proud to be an active participant in our larger community of professionals, and to participate in advocacy efforts to advance best practices and access to services. From our start in 1997, we have maintained our focus on this mission and these values.

Over the past year, we have started several new exciting programs including our Young Actors Squad improvisational drama program, and are about to launch our Building Blocks Group Services center-based early intervention program. Our vision for the future is to continue to be a leader in providing services and training using the DIRFloortime® approach, and to continue to innovate new service models to meet the needs of children with developmental challenges and their families.

We welcome you to visit and learn more about PCDA and how you can support these great programs and services.

Warmly,

Diane Cullinane, MD, and Mimi Winer, RN, MS



Mission Statement

To profoundly impact the developmental outcomes of children with autism and other special needs through innovative multidisciplinary and family-centered therapeutic services, professional training, and outreach.

Core Competencies and Values

We are recognized leaders in delivering innovative services using the DIRFloortime® approach and administering this child-led, family-centered, play-based model with compassion and empathy.

We encourage family members' and other caregivers' participation and involvement and we strive to help children share joyful interactions and warm relationships with family and friends.

We coordinate a collaborative multidisciplinary team of therapists, clinicians, and specialists who engage children and families in attaining developmental milestones by increasing their capacity for communication, problem-solving, creativity, and reflective thinking.

We acknowledge that each child, teen, and young adult is as unique as their handprint and the intervention program provided will be as unique as they are.

We focus on the whole child and whole family, understanding the profound impact on everyone who loves and supports a child with developmental challenges and social-emotional needs.

We provide a depth of programming and services to garner the interests and strengths of each individual, enrich their experiences, and increase their abilities to create meaningful relationships.

We expand our reach and share our knowledge and best practices by acting as mentors, educators, and as a resource for parents, caregivers, clinicians, and organizations.

We do our best to provide our services to families of all needs and means through a variety of funders, and work to gather additional funds for those who do not have access to resources.

We benefit the community by offering a variety of no-cost or low-cost enrichment activities for children with special needs and their families.

We enthusiastically collaborate with local community agencies as we work together to provide support to children with developmental challenges.

We are diligent, ethical stewards of the lives and resources entrusted to us.



Impact Statement

In the year 2000, approximately 1 in 150 children in the United States were considered to have ASD (autism spectrum disorder). Each year since then there has been a consistent rise. In 2014, 1 in 59 children were considered to have ASD, and ASD cases continue to grow exponentially. ASD is about four times more common in boys than girls, but it knows no bounds when it comes to racial, ethnic, or socio-economic groups.

Through years 2006-2008, about 1 in 6 children in the United States had been diagnosed with a developmental disability ranging from mild disabilities such as speech and language impairments to serious developmental disabilities, such as intellectual disabilities, cerebral palsy, and autism. The prevalence of developmental disabilities (DDs) has increased 17.1 percent — that's about 1.8 million more children with developmental disabilities in 2006–2008 compared to a decade earlier. The prevalence of autism increased 289.5 percent over that same period.

Children with developmental disabilities need every opportunity possible for PCDA to provide therapeutic intervention to help mitigate their challenges and to increase the prospects of an engaged, happy, and fulfilling life.

Developmental disabilities impact language, mobility and learning. Developmental disabilities can also impact the social abilities of these children who will want and need meaningful friendships throughout their lives. This invisible barrier could be the most impactful of all to their happiness and quality of life.

PCDA differs from many of the other organizations that offer help to children with developmental disabilities. Some of these organizations, whether national or local, have a primary focus on medical research. PCDA is focused on helping children to advance their abilities, and is able to offer multidisciplinary, individualized intervention, tailored to each child and family. At the same time, our staff is interested in contributing to the wider professional community, through teaching and contributing to research literature based on the type of community-based intervention we provide.

The multidisciplinary care found under one roof at PCDA is both unique for its depth of programming as well as the advanced education of our clinicians and program staff, who together work to create the best outcomes for the children in our care, and the families who love and support them.

Our clients aren't just the 1000+ children who seek our services each year. They're also the thousands of family members who love and care for those children and partner with us in supporting their development.



“ I enjoy the opportunity to contribute to PCDA's team of talented and committed professionals who really are transforming lives through a family-centered and collaborative multidisciplinary approach that is based on the DIRFloortime® Model. It is an enjoyable professional culture to work in, and even more rewarding to see the progress made with the children and families that we serve on a day-to-day basis. ”

—Christopher Perri, MS, LCSW



Christopher Perri (above), a licensed Clinical Social Worker with extensive experience in our field, joined our team in mid-October 2018.

After nearly 20 years of practice supporting children with special needs and their families in a wide variety of settings, Christopher says he is glad to have found PCDA. During those years, he came to appreciate the value of treatment that focuses on individual strengths, the context of relationships and family, and the use of creativity and playful interactions as a means toward progress.

He had known about PCDA and Dr. Diane for many years through their mutual work and training within the DIRFloortime® Model, and he recalls that he was deeply honored to accept the opportunity to help continue the transformative work being done at PCDA.

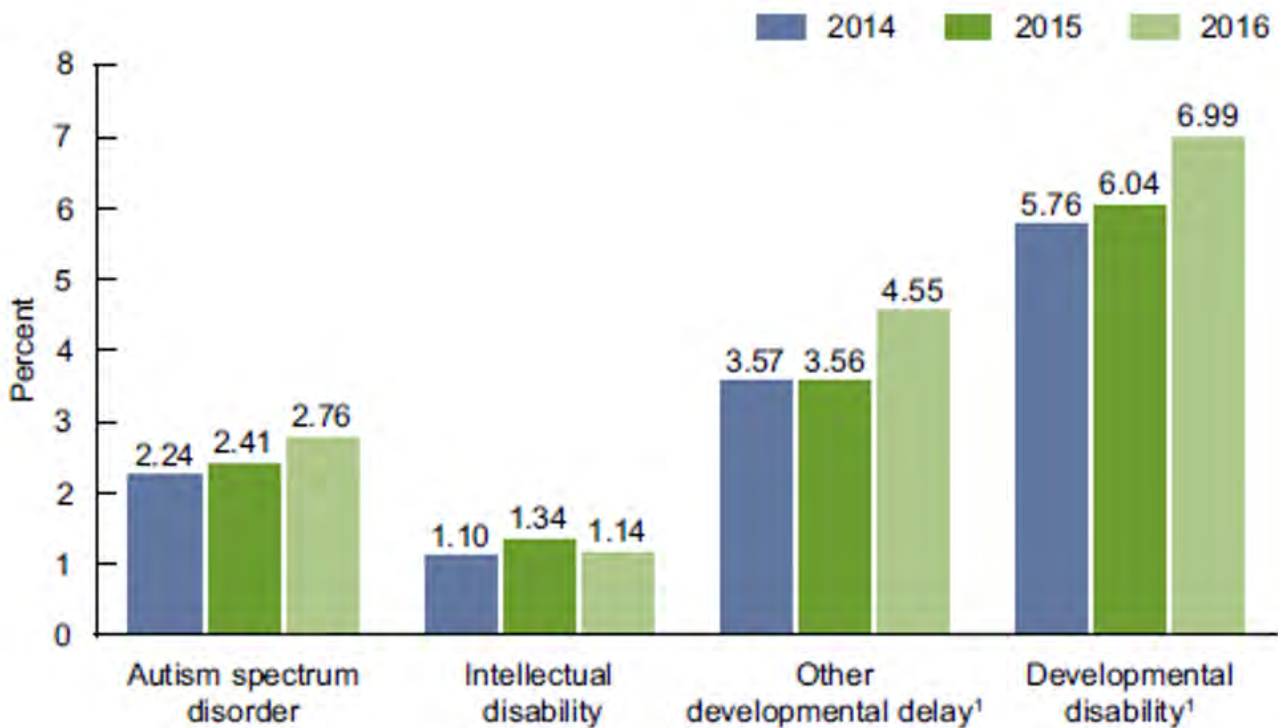
As a licensed clinical professional, with several years of experience as a leader in clinical non-profit settings in numerous states and countries, PCDA offers him the opportunity to bring all of his skills and interests together in one place, in the comforts of Southern California.



The Growing Need for Our Services



The prevalence of children diagnosed with any developmental disability increased from 2014-2016, according to the U.S. Department of Health and Human Services.



Source: cdc.gov/nchs/data/databriefs/db291.pdf

During the years 2014-2016, the prevalence of children with any developmental disability significantly increased from 5.76 percent in 2014 to 6.99 percent in 2016.

The prevalence of children with a developmental delay other than autism spectrum disorder or intellectual disability increased from 3.57 percent in 2014 to 4.55 percent in 2016.



Transformative Care and Transgenerational Support

Because PCDA cares for the whole family as it cares for the child, our care has a ripple effect. Developmental disabilities by definition are "chronic," which means not curable — these disabilities will last a lifetime.

Each family member will be impacted, often profoundly. At PCDA, families are always a key part of the child's therapeutic program.

The members of each family — parents, siblings, grandparents — are encouraged to be engaged in therapeutic sessions. The clinicians focus on supporting parent-and-child interactions and understanding.

Parents learn strategies to guide their child's development toward specific goals. They are coached in ways to find the right level of challenge for their child. Clinicians help to select the next incremental developmental goal, share strategies, and partner with parents, so they are gaining a deeper understanding of their child's development. Children and families celebrate the successes that they achieve together.

DIR® is the Developmental, Individual-differences, & Relationship-based model of therapy used at PCDA. DIR® provides a framework for understanding human development, based upon the critical role of social-emotional development starting at birth and continuing throughout the lifespan. It also provides a framework for understanding the uniqueness of each individual and how they may perceive and interact with the world differently.

DIR® is both a philosophy and a set of specific strategies to follow the child's natural emotional interests and challenge them toward greater and greater mastery of their social, emotional, and intellectual capacities. The DIR® model highlights the power of relationships and emotional connections. These interactions help a child build warm, trusting relationships with family and friends; engage in shared problem-solving; and expand creative and reflective thinking.

DIR® strategies are used to strengthen overall functional development, as well as specific skills, and to address challenging behavior.

The DIR® premise is that through deepening social-emotional interactions, children with autism and other developmental challenges can gain higher-level skills in social relating, communicating, and thinking.

Floortime™ is the important play component of DIR®. Floortime™ is a child-led approach where the adult follows the child's lead and focuses on whatever toys or objects interest the child. This provides an opportunity to gather understanding from the child's point of view and share the emotions that they are experiencing.

Spending time with a child and allowing the therapist, as well as the parent, to experience the world as the child experiences it, enables empathy and connection as well as leading to more complex emotional and social relating. At the same time, because the focus is on a child's overall development, every area of lagging development is addressed including motor, sensory, emotional, cognitive, and language functioning. All under the auspices of PLAY!



PCDA's unique multidisciplinary services serve our clients in ways that many other organizations aren't able.

With nearly 70 percent of our clients coming to us with ASD (Autism Spectrum Disorder), we know that children on the spectrum often have myriad social, emotional, cognitive, and physical issues. One-third of people with autism are nonverbal. Nearly a third of children with autism (32 percent) also have an intellectual disability which presents significant challenges in their daily function.

When considering all of this, also consider the secondary effects that children with disabilities face. Students with disabilities are much more likely to be bullied than their non-disabled peers. One study shows that 60 percent of students with disabilities report being bullied regularly, compared with 25 percent of all students.

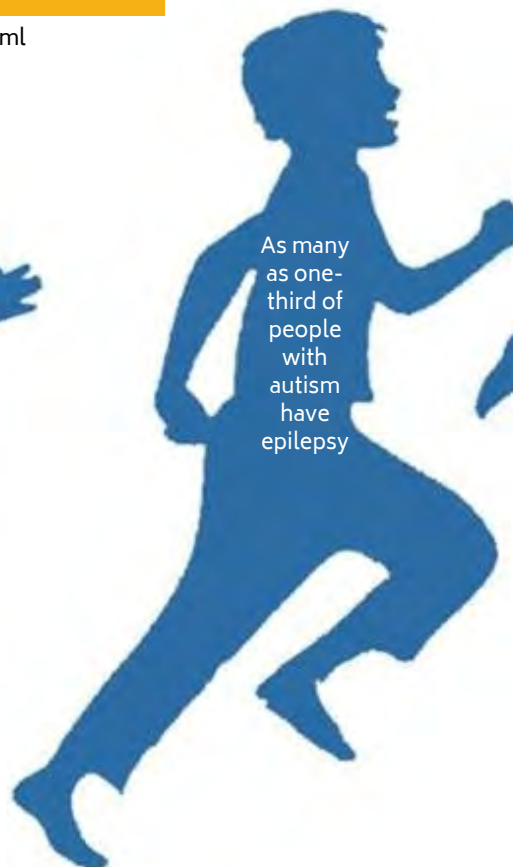
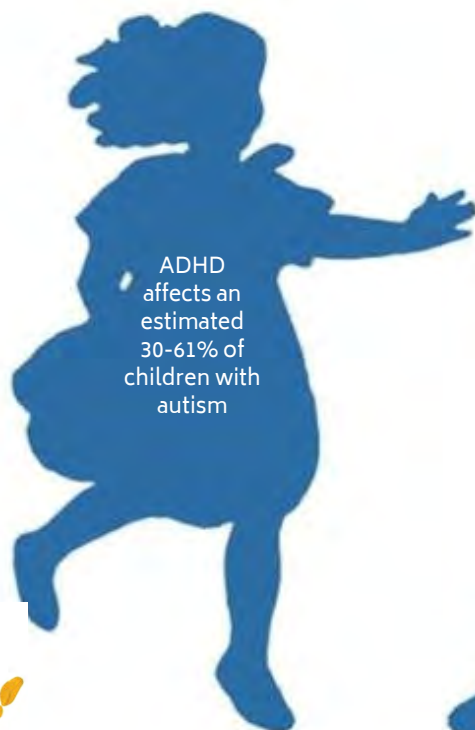
These children will often exhibit self-injurious behaviors, and 11-40 percent will have anxiety disorders. This can be crushing for the family members on whom these children depend.

When bullying occurs, these already-vulnerable children are going to be at an additional disadvantage, as bullying usually affects a student's ability to learn. Bullying can heighten students' anxiety, cause them to feel unsafe and hinder academic performance.

autism affects
1 in 59
children in the U.S. and
70 million
people worldwide

Source: cdc.gov/ncbddd/autism/data.html

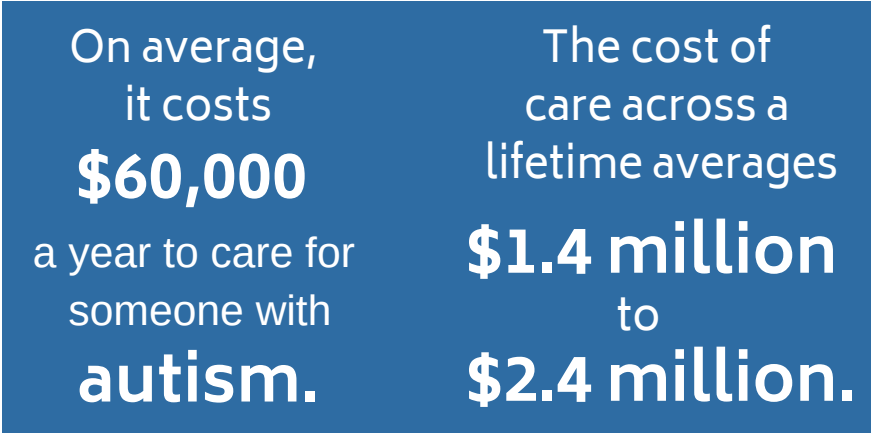
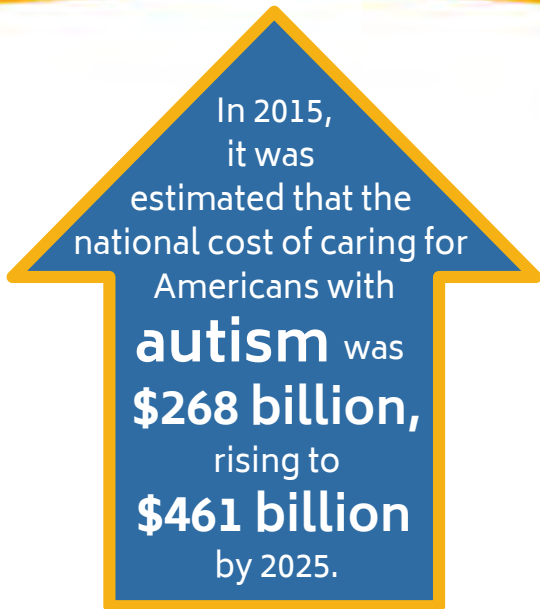
Because autism can affect the whole body, including sleep disorders, attention deficit hyperactivity disorder, epilepsy, and chronic gastrointestinal problems, these children and their families are often sent to multiple caregivers for their multiple needs. And, as these children age, the autism-associated health problems age with them — and most of them will last through the lifetime.



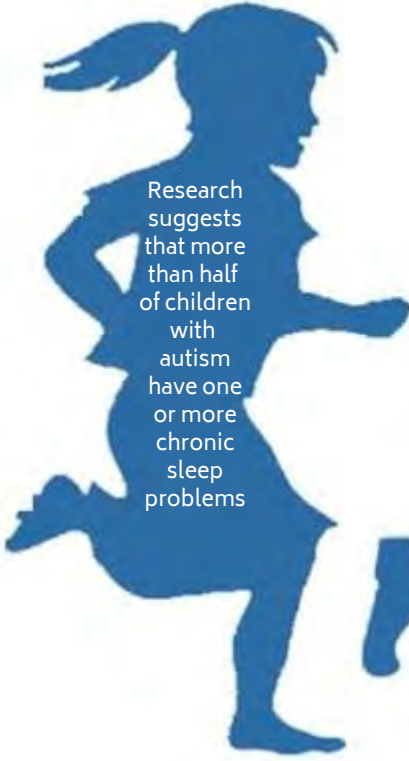
Throughout PCDA's five clinical departments, we're able to address many of these conditions and support the family as a whole.

The needs of these children aren't diminishing, they are multiplying. The Center for Disease and Prevention (CDC) shares that the prevalence of autism in the United States has grown from 1 in 150 children in 2002, to 1 in 59 in 2014.

Research is so important to identify the causes for this remarkable increase. But what our families need right now is the support of a community who will ensure that they are able to access the services that PCDA provides for their needs, every day.



Source: autismspeaks.org/sites/default/files/2018-08/2017-annual-report_0.pdf



Under One Roof

At PCDA, our work is centered on the conviction that every child is a “whole” child, with strengths and challenges as well as unique capacities, skills, and interests. As leaders in the DIR® therapeutic model, we take an interactive, play-based approach to caring for and connecting with children with a wide range of developmental challenges — and we know that each child’s family relationships are key to their progress.

Our holistic care doesn’t end there. We’re committed to providing truly interconnected treatment that transcends departments and disciplines. At PCDA, a diverse, highly trained, and deeply caring group of child-development professionals works in constant collaboration to care for each and every child.

Our Pioneering Young Actors Squad

Through a collaboration between PCDA’s Child & Family Counseling and Creative Arts departments along with the acclaimed Pasadena Playhouse, the Young Actors Squad was born in 2018. Through the program, Squad members build creativity, self-confidence, social skills, and the ability to collaborate with peers to solve problems as they create stories and scenes. They benefit from the guidance of a multidisciplinary team that includes marriage & family therapists, music therapists, speech & language pathologists, and occupational therapists, in partnership with the Pasadena Playhouse’s professional actors, directors, designers, and technicians.

The Squad had its inaugural performance at PCDA’s Teen Club Art Show, held at the Pasadena Public Library’s Teen Center in December 2018, and has since performed to acclaim at the Pasadena Playhouse’s Carrie Hamilton Theatre and been featured in L.A. Parent Magazine’s Inclusive L.A.



“ We could not have been more fortunate to have crossed paths with [PCDA Clinical Director] Julie Miller and her team. Her patience and expertise in the area of feeding difficulties were instrumental in Emma’s relationship with food and overall progress. We learned how to encourage her to eat safely, happily, and confidently, and we received support from Julie and Jonae (her dietitian) whenever we needed it!

—mom of PCDA client Emma



Improving Mealtimes, Building Family Bonds

The act of eating is something that most of us aren’t used to focusing much attention on, but if you think about it, it’s quite complex — and it can be quite challenging for a number of the children in our care. Enter the members of PCDA’s Interdisciplinary Feeding Team, who provide specialized evaluation and treatment for children with a wide variety of feeding difficulties, such as severe reflux, cardiac or pulmonary difficulties, dysphagia, or “failure to thrive,” as well as other developmental challenges such as autism, developmental delays, and sensory processing difficulties.

At PCDA, we address these challenges the same way we approach every challenge: holistically. The Interdisciplinary Feeding Team includes a developmental pediatrician, a clinical nurse specialist, occupational therapists, registered dietitians, speech & language pathologists, psychologists, and marriage & family therapists, who collaborate on individualized treatment plans for each child.



Easing the Transition to Adulthood

Through a collaboration between our Child & Family Counseling and Programs departments, PCDA's Young Adults Program was created to help 18-to-21-year-olds with autism or intellectual disabilities build skills to allow for greater independence and fulfillment.

The program helps participants tackle real-world challenges, including using public transportation, navigating the workplace, and managing their time and money, with a mixture of in-clinic and out-in-the-community activities where this is accomplished.

All the while, participants are supported by a Ph.D.-level psychologist who specializes in working with young adults on the autism spectrum, and a team of trained developmental interventionists eager to help them meet every challenge.

Progress and Connection Through the Power of Art

At PCDA, we recognize that art has a unique ability to help people express themselves, form their own unique self-identity, and relate to the world around them. These are important benefits for all people, but especially so for children who may have difficulty communicating in other ways.

Through our adapted art classes — a collaboration between our Child & Family Counseling and Creative Arts departments — children with developmental challenges are given the tools, understanding, and support they need to express themselves through a variety of artistic mediums.

Art therapy is an important and growing field, and we've embraced it here at PCDA. We're thrilled to have recently expanded our art-therapy services with the addition of an art therapist/registered associate marriage & family therapist, who collaborates across our departments to help foster growth, self-confidence, and empowerment through art.



Who Powers PCDA?

PCDA is made up of more than 60 clinical professionals across multiple disciplines — and collaboration is core to who we are and the depth of care we provide.

The Department of Child & Family Counseling treats children and families who are experiencing stress related to a child's behavioral, social, or emotional challenges. Using the DIR therapeutic model, the team works to help build the family's closeness, engagement with each other, and understanding of each other's emotional responses. We also provide comprehensive assessments, school observations and consultation, and assistance for teens as they transition to adulthood. The team includes licensed psychologists, licensed marriage & family therapists, post-doctoral registered psychologists, post-master's-level registered associate marriage & family therapists, licensed clinical social workers, and an art therapist.

“ Over the past three years, Alessandra was in other therapy centers, but 10 months ago, we decided to transfer to PCDA to continue her Speech and Occupational therapies. After just two weeks, I remember noticing Alessandra started to talk more spontaneously and pronounced words and longer sentences with purpose. ... Parent participation during therapy sessions has been the key to Alessandra's success.

—Eliana, mom of PCDA client Alessandra



The Department of Speech & Language offers assessments and treatment for young people, birth to age 21, with a variety of challenges that affect their ability to communicate. Speech disorders occur when a person is unable to produce speech sounds correctly or fluently, or has problems with their voice or resonance. Language disorders occur when a person has trouble understanding others (receptive language) or sharing thoughts, ideas, and feelings (expressive language). Using a total-communication therapeutic approach, integrated with the DIR model that informs all of our work, we help children learn to use words, signs, gestures, movements, eye gaze, and augmentative communication systems to connect with and be better understood by others. The team includes licensed speech-language pathologists and licensed clinical fellows in speech-language pathology.

The Department of Occupational Therapy, Feeding Services, and Nutrition is focused on helping children with developmental and sensory challenges take part in meaningful daily activities (the things that “occupy” their time), from playtime to mealtime to going to school. A team of master's- and clinical-doctorate-level occupational therapists work to help children improve their gross and fine motor skills, social-emotional development, and ability to handle sensory challenges. Sensory sensitivities can make everyday experiences such as loud sounds, unexpected movements, or a touch on the hand feel uncomfortable or scary. Being under-sensitive can lead to difficulties such as poor body awareness, a tendency to seek out added movement or pressure, or challenges in responding appropriately to others. PCDA's Interdisciplinary Feeding Team works with children who experience feeding difficulties to support improved nutritional status, increased independence during family meals, and an increased curiosity in and ability to consume a greater variety of food and beverages.

The Department of Creative Arts uses an evidence-based approach to help children express themselves, engage in social interactions with their peers, strengthen their family relationships, and support their social-emotional development through music, drama, art, and dance. Our team of board-certified music therapists works with children and their families to engage through singing, listening, moving, playing instruments, and creating an environment that allows each child the freedom to explore their creativity, express themselves, and have meaningful interactions with others. PCDA also offers adaptive music, dance, and art lessons for children with special needs, designed not only to build proficiency, but creativity, focus, self-confidence, and empowerment as well. Our NoteAbles adaptive choir and Young Actors Squad theatre program help participants experience teamwork, social engagement, achievement, and the power of music and drama. The Creative Arts department works in collaboration with an art therapist as well as clinicians from other disciplines to provide children with the supportive care they need.



“ When Andy joined PCDA's Teen Club program, he was preoccupied with 'stranger danger.' He couldn't tell who to trust. Every week, Teen Club gave him the chance to experience activities in the community, without his parents, and he blossomed. The friends he made at Teen Club are still his friends today, at 23 years old. Andy's Teen Club experience helped him develop a strong sense of himself and his community.

—mom of PCDA alumni Andy














“ Music is very motivating for her, and she has learned so much about communication since beginning music therapy. Her receptive language has taken a huge leap and now her vocabulary, too. Music is calming and helps her regulate in stressful situations. We can tell how much she loves coming to PCDA since she talks about her therapists all the time! She adores them and interacting with others through song.”

—Rebecca, mom of PCDA client Juliette



The Programs Department is a vital resource for young people with challenges in social-emotional development. The Building Blocks program serves our youngest clients, infants to 3 years of age, and their families, working to support each child's involvement in childhood experiences, expand opportunities for learning, and help parents navigate the challenges of child-rearing. The Social-Emotional Developmental Intervention (SEDI) program helps children ages 3-12 form positive relationships with their families and peers and achieve fuller inclusion in family and community activities. While SEDI sessions take place one-on-one in the family's home or community, our social-skills groups for children 3-12 provide opportunities for children to play, practice, and master social skills among their peers. Similarly, the Teen Club/Teen Buddies program provides a positive, non-judgmental space for teens with communication and social challenges to meet and engage. The program explores life and safety skills, vocational learning experiences, community activities, service projects, and more. The Young Adults program supports young people ages 18-21 as they begin to take on the challenges that come with increased independence.



-  PCDA launched the Young Actors Squad in collaboration with the Pasadena Playhouse, recognized as California's state theatre.
-  PCDA was invited to present at a conference hosted by the Egyptian Autistic Society in Cairo. Executive Director Dr. Diane Cullinane and Clinical Director Julie Miller presented an Introduction to the DIRFloortime® approach.
-  Due to overwhelming demand for this highly successful program, PCDA expanded our Teen Club offerings to include an additional Saturday group.
-  PCDA's Creative Arts department presented on "Music Therapy-Informed DIRFloortime®: Attunement and Change for Special-Needs Children" at the Expressive Therapies Summit in Los Angeles.
-  The Programs department partnered with the Head Start program to help children with developmental challenges located in Baldwin Park, Bell, Maywood, and Cudahy.
-  PCDA's Creative Arts team presented at the National Conference for Music Therapy in Dallas, TX, helping other music therapists looking to integrate the DIRFloortime® approach into their clinical work.
-  PCDA partnered with the Pasadena Public Library to host an art show exhibiting the work of PCDA's Teen Club members. This art show was also the site of the Young Actors Squad's inaugural performance!
-  The Creative Arts team launched the My Special Dance program, an adapted dance/movement class for children with special needs.
-  PCDA hosted a two-day "DIR Approach to Pediatric Feeding" Conference in Portland, OR.
-  The Creative Arts team presented "Coaching, Connecting, and Creating: Music Therapy Within a Relationship-Based Family-Centered Approach for Children" at the World Congress for Music Therapy in Tsukuba, Japan. The team also conducted a teaching tour in Japan and Taiwan!
-  The NoteAbles adapted children's choir performed with celebrated tenor Maximo Marcuso at the Rose Bowl's Americafest Fourth of July celebration – two consecutive years!



“ Before a child talks they sing.
Before they write they draw.
As soon as they stand they dance.
Art is fundamental to human expression.

—Phylicia Rashad

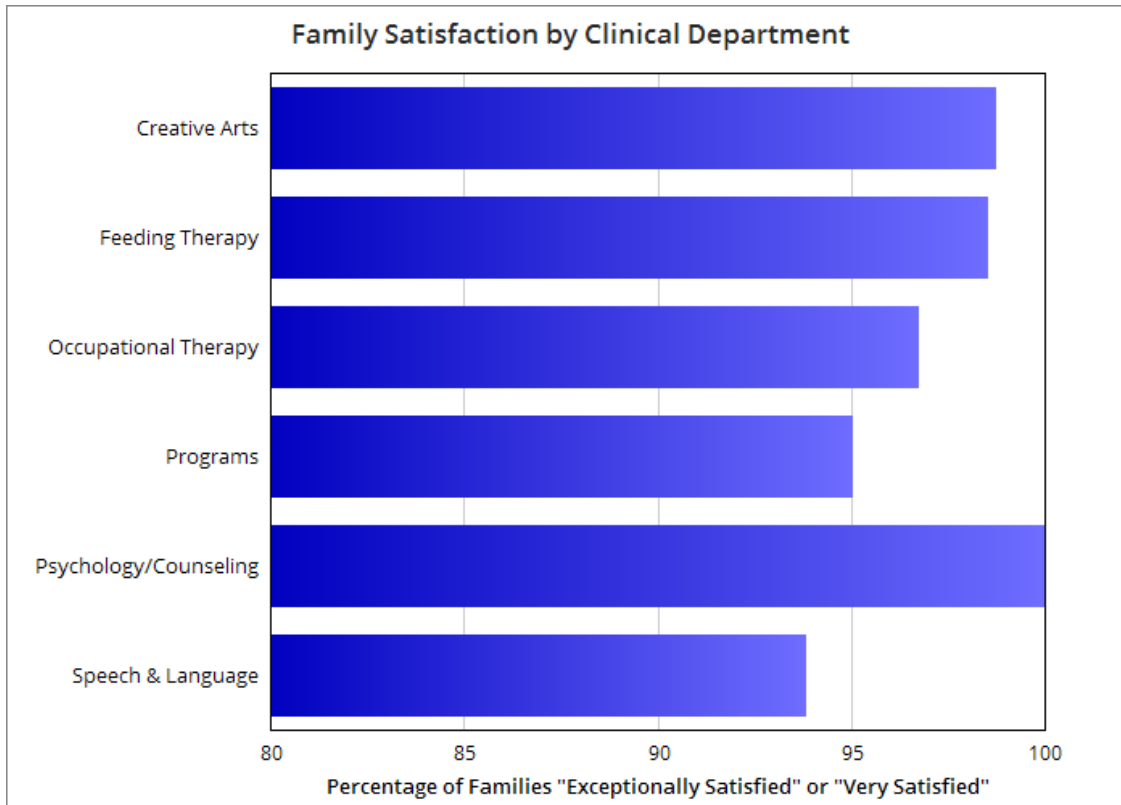


How We Know We're Making a Difference: PCDA Family Survey

In November 2018, PCDA fielded a survey to our client families. What we found out from these families is how much they value our services and programs and how much PCDA is making a difference in their lives. Our families were asked questions about their care and services for each of our clinical departments represented below.

Of the families who participated in taking the survey, they rated their overall experiences at PCDA as "exceptionally satisfied" or "very satisfied" in nearly 94 percent of all responses.

We're doing our best for the hundreds of client families we serve each year, and it's fulfilling to know that they and their children are seeing the value in our services and an improvement in their quality of life.



Donor Spotlight: A Band of Brothers

Who could have known back in 1969 that three fraternity brothers, and their honorary little sister, Colleen Ferguson, would provide the footing for a Pasadena-based non-profit, and continue the philanthropic giving that brought them together in the first place?

The TKE fraternity at USC counted William (Bill) Cullinane, John Plumb, and John Meisenhelder as members. At that time, there were only 22 members in all. When Bill was a freshman, John Meisenhelder was his big brother. These three men have lived the tenets of TKE for nearly 50 years: "We believe that the essential elements of true brotherhood are love, charity, and esteem ... these are the obligations of every brother in the bond."



Each of these men have made their own way since 1969, yet they all remain indelibly in each other's lives, along with little sister Colleen.

Throughout the years, each has made significant commitments to organizations such as the Salvation Army, Shriner's Hospital, and St. Vincent de Paul Society, among others. Today, these four life-long friends and philanthropists have banded together to support PCDA.

Colleen was one of PCDA's original board members. John Plumb sits on the board today. Bill Cullinane is one of PCDA's Ambassadors and married to PCDA co-founder Diane Cullinane, MD, and John Meisenhelder has been one of PCDA's most generous annual donors over the past decade. Collectively, this group of college friends has provided their time, leadership, and significant philanthropic support of nearly \$200,000 since PCDA became a non-profit 10 years ago.

Countless lives have been touched by their commitment to PCDA's families. And when PCDA asked how we can thank them, their reply was unanimous: "Continue the work."

Thanks to them, we can.



The John Plumb

Planned Giving

Society

John Plumb has been providing for PCDA since the organization's beginning. John is a member of the Board of Directors, and has been an annual donor since 2008 when PCDA was provided non-profit status. John has enabled many "firsts" for PCDA, including becoming an inaugural Legacy 100 member last year. And now, John has illuminated the path for PCDA to garner planned gifts by providing PCDA its first known estate commitment.

In John's honor we are initiating a planned giving program which now and forever more will be recognized as the "John Plumb Planned Giving Society." We then memorialize one of PCDA's most prolific donors by ensuring his generosity and philanthropic example will be remembered both now and in the future, when this principle gift will be utilized for the children and families that John had made provisions for, for more than a decade.



Should you wish to explore how you could help to ensure PCDA's services remain available for the hundreds of families who seek our support each year please reach out to development@pcdateam.org to discuss creating your own living legacy.



Opportunities for Support

MILESTONES GUILD

\$2,500+ annual commitment

Introduced in 2018, the Milestones Guild recognizes donors who make a singular gift of \$2,500, or cumulative gifts throughout the calendar year that total \$2,500 or more. As a member of the Milestones Guild, you join other donors who are helping our children reach significant developmental MILESTONES that will have long-term impact on their quality of life.

This program includes annual benefits which enable the donor to be more deeply engaged with PCDA's mission by attending PCDA events and interacting with other supporters. Your event admissions are tiered depending on the level of annual support provided. Milestones Guild donations may be made in installments throughout the year.

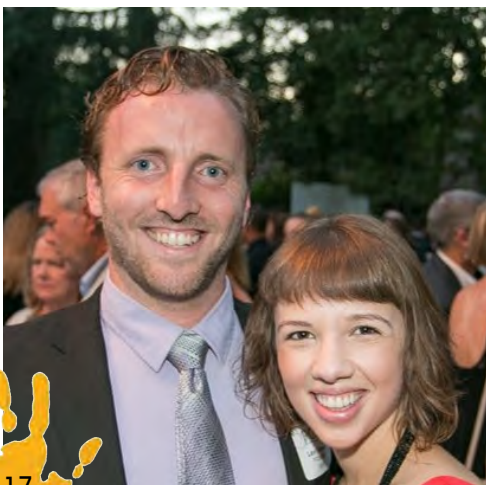
2019 Milestones Benefits Include:

- \$2,500 annual commitment: a Bronze Sponsorship at PCDA's 2019 Gala including all sponsorship benefits and discounted or complimentary admission to other PCDA events in 2019
- \$5,000 annual commitment: a Silver Sponsorship at PCDA's Gala including all sponsorship benefits and discounted or complimentary admission to other PCDA events in 2019
- \$10,000 annual commitment: a Gold Sponsorship at PCDA's Gala including all sponsorship benefits and discounted or complimentary admission to other PCDA events in 2019
- \$25,000 annual commitment: a Platinum Sponsor at PCDA's Gala including all sponsorship benefits and discounted or complimentary admission to other PCDA events in 2019

2018 Milestones Guild Members

Leslie & Michael Bernard
Glenn Crawford
Dr. Diane & Bill Cullinane
April & Dan Davila
Liz & Juan Davila
Jessica & Levi Gelineau
Kimberly & Eric Kaufman
Ellen & Harvey Knell

Ron Margolis
John Meisenhelder
Stephen Peters Family
John Plumb
Carey & Michael Skinner
Lin & Alan Vlacich
Judy & Randy Wilson
Kathy & Warren Wimmer



LEGACY 100

\$10,000+ commitment

The Legacy 100 is PCDA's new premier recognition designation for donors who make a minimum cash gift commitment or pledge of \$10,000 or more in support to PCDA, beginning in calendar year 2018. Only the first 100 donors who make this commitment will be eligible to be recognized as a "Legacy 100" designee.

This special designation will forever identify our donors who are investing in new opportunities for our children, families, and organization. Legacy 100 designees will be recognized in significant ways through PCDA's events, annual report, newsletters, website, donor wall, and other media. The donor also becomes a Milestones Guild member and enjoy their membership benefits.

We are happy to provide this opportunity as a pledge of up to four years with payment installments annually. Once your first installment is made and a signed pledge form is received, you will have immediate benefits as a Legacy 100 designee. To signify your commitment, you will also be provided a Legacy 100 pin, which will identify you throughout the community and PCDA events as a special member of our supporters.

If a donor made a gift in 2018 of \$2,500 or more, they may count their 2018 gifts(s)* toward a Legacy 100 designation when accompanied with a completed pledge form that includes a payment schedule for the difference in funding which meets the total \$10,000 Legacy 100 commitment.

**Gifts made that were used to purchase event auction items do not count for Legacy 100 designation.*

Legacy 100 Members as of May 2019

Ann Peppers Foundation
Leslie & Michael Bernard
Boeing
Laura Bushley & Associates
California Community Foundation
Dr. Diane & Bill Cullinane
Sara Cullinane
Mose J. & Sylvia Dilman Firestone
Henkel
Kimberly & Eric Kaufman
Ellen & Harvey Knell
Drs. Michelle Kolsi & Armen Gregorian
John Meisenhelder
Joan & Jeffrey Palmer
Stephen Peters Family
John Plumb
Lorraine Triolo & Jeffrey Thomas Burke
Lin & Alan Vlacich
Judy & Randy Wilson
Kathy & Warren Wimmer
Western Asset



Should you wish to discuss supporting PCDA, please contact development@pcdateam.org or (626) 793-7350.

Photos: William Kidston Photography



PCDA Honor Roll 2017

\$100,000 and above

M & D Professional Building, LLC

\$25,000-\$99,999

Ann Peppers Foundation
The Green Foundation

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Pasadena Host Lions Club Memorial Trust
Pasadena Showcase House
Stephen Peters
Elizabeth Peterson
Carie & Andy Salter
Sierra Autocars, Inc.
Southern California Gas Company
Special Olympics Southern California
Kate & Odom Stamps
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Gloria Kondrup
Tina Lam & Sonny Uy
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Marilyn Moscrip & Richard Garcia
Richard Norton
Joan & Joe Payne
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Glydia Chan
Shirley & Steve Chan
Wanda Chan
Elaine Chen & Brandon Emlinger
David Cheng
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Hannah Cho
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Rebecca & Nick Costantino
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Lucy & Vartkes Demirjian
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 Elizabeth Matthias
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 Cynthia Mikimoto
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 Kevin Streeter
 Fanny Tagawa
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 Geetha & Saravanan Timiri
 Ethan Tinker
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 Chiawen Tsai
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 Ernesto Williams
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\$25,000-\$99,999

Ann Peppers Foundation
Kimberly & Eric Kaufman
Ellen & Harvey Knell

\$10,000-\$24,999

Boeing
Dr. Diane & William Cullinane
Sara Cullinane
Henkel
John Meisenhelder
Pasadena Community Foundation
Lin & Alan Vlacich
Mimi Winer

\$5,000-\$9,999

Leslie & Michael Bernard
Michael Bevan
California Community Foundation
The CIBA Foundation
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Jessica & Levi Gelineau
Pasadena-Foothills Association of Realtors Charitable
Foundation
John Plumb
Carey & Michael Skinner
Lorraine Triolo & Jeffrey Thomas Burke
Wells Fargo Foundation
Judy & Randy Wilson

\$1,000-\$4,999

Anonymous
Brett Barnard
Marie Belotti
Bill Hannon Foundation
Carrie Bullard
Arolyn Burns
Laura Bushley
Colleen Carey
Citizens Business Bank
Coldwell Banker Residential Brokerage
Computer Support Team, Inc.
Monsignor Clement Connolly
Glenn Crawford
Liz & Juan Davila
Dr. Mona & Scott Delahooke
Colleen Ferguson
First Foundation Bank
Sally & Stephen Godwin
Jaimie & Steve Inzunza
Gloria Kondrup
Supervisor LA County Board of Supervisors
Ellen & Joseph Lee
Walter Lopes
Diana Mahmud & Richard Helgeson
Greta & Peter Mandell
Ronald Margolis
Susan McCaw
Meristem
Anne & Matthew Mettler



Therese & Mario Molina
Marilyn Moscrip & Richard Garcia
Tessa & Kenton Nelson
Steven Norris
Joan & Jeffrey Palmer
Pasadena Host Lions Club Memorial Trust
Pasadena Showcase House
Anne Perry
Stephen Peters Family
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Shaw, Moses, Mendenhall & Assoc.
South Pasadena Kiwanis Foundation, Inc.
Special Olympics Southern California
West Coast University
Katherine & Warren Wimmer

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Alexis Boxer
Michael Cacciotti
Debra & James Cahill
Onil Chibas & John Orders
Coalition for Hope and Unity
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Stephanie & Leo Dencik
Financial Guaranty Insurance Brokers
Foothill Transit
Marilyn & Brian Gerich
Thomas Girardi
Mara Goverman, LCSW
Tracy Green
Tiffany Grimm
Sherry & Coburn Haskell
Marcia & Ernie Hoffer
Melanie & Chris Holden
Anne Howe
Gloria & Paul Kilian
Alyssa & Manny Kim
Marlene & Bill Loadvine
Stephanie & Greg McLemore
Thomas Murray
Dr. Jonine Nazar-Biesman
Kaela Owen
Peter Randazzo
Shelly & Dr. Robert Reisch
Rotary Club of South Pasadena
Carie & Andy Salter
Sibling Saturdays
Christine Splichal
Kate & Odom Stamps
Chris Stickney
Charlotte & Tim Stratz
Joy & Steve Tepe
Maggie & Sam Thomas
Cristina & Dave Witham
Shaoping (Mimi Wu) Zinn

\$100-\$499

De Le & Louis Abel
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Laura & Nick Agakanian
Tofik Akhmedov
Jessie Arreaga
Deborah Ballins Schwarz
Barbara & Richard Baptie
Cynthia Bengtson-Budzyn & Michael Budzyn
William Bird
Claire & Bill Bogaard
Charles Boswell
Julia & Alex Brankovic
Jenny & Brian Bright
Michael Bruner
Michael Budinchich
Wesley Buhrmester
Leslie Caldwell
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Cindi Davidson
Catherine Davila
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 Network for Good
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Pasadena Now



Our community of supporters comes together several times a year to share in our story, hear from the families we serve, enjoy each other's company, and be grateful for all that we can do together. Whether it's our annual Harvest Moon gala – the 2019 gala will be on November 10th at the La Canada Country Club – our Ambassadors event, Dark Spirits, or another one of our fundraisers or friend-raisers, there's always some kind of fun that we can have together. We'll hope to see you at an upcoming event.



Pasadena Now



DINNER & DRINKS
BOURBON & CIGAR TASTING

Dark Spirits



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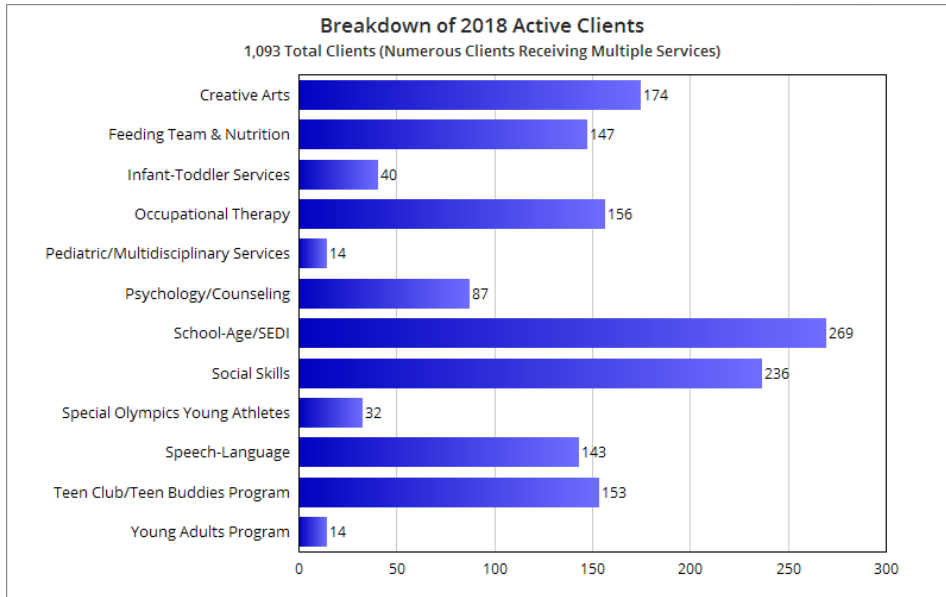


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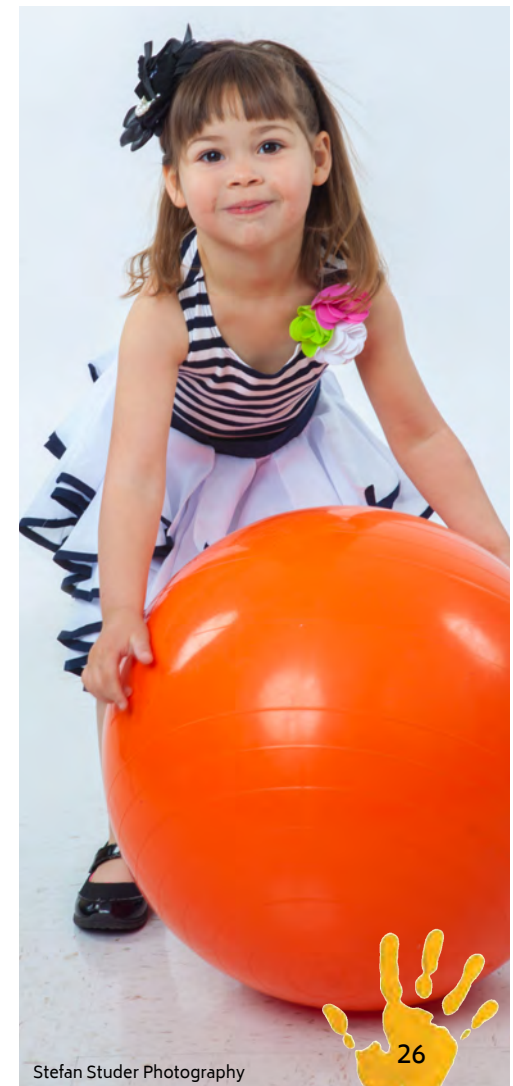
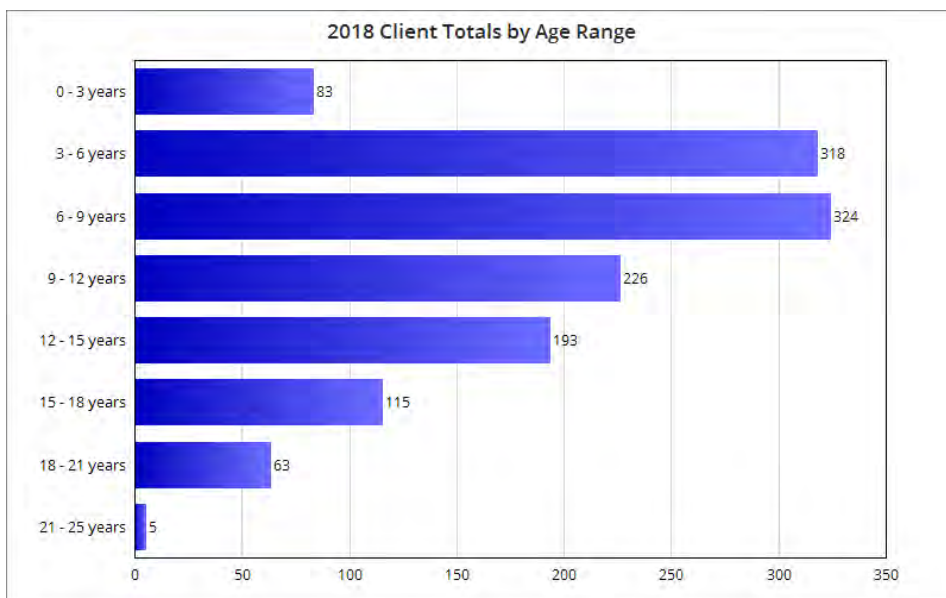
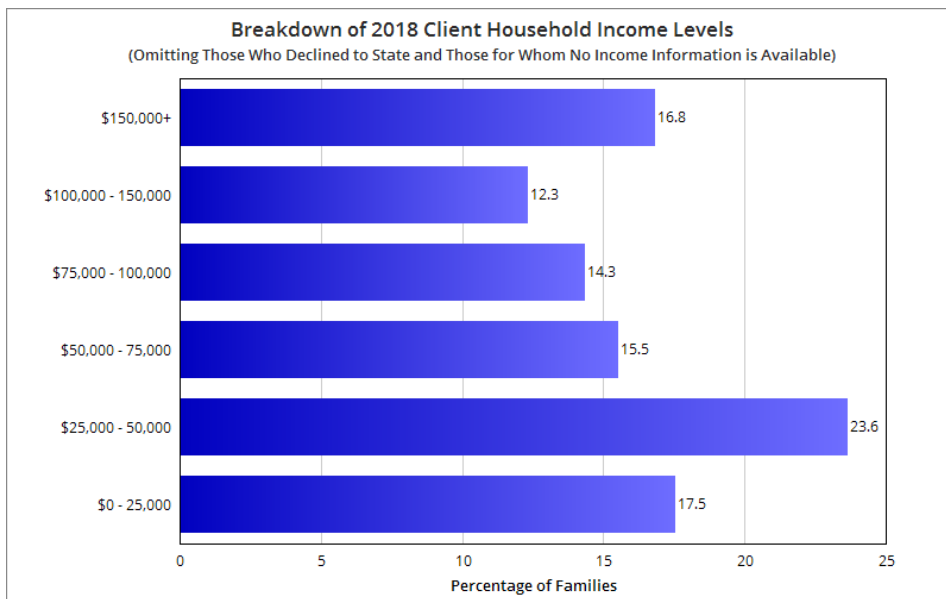
4th Annual
Rosé
Sairée



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The variety of services and number of children served continues to grow. We now provide in-agency, in-home, and in-community services to more than 1,100 children plus their family members each year, through approximately 3,200 personal visits per month. The majority of these children are younger than 9 years old. We also serve families from every income level, which is represented similarly across each income category, with the highest number of households collectively falling into the poverty or lower-income levels. Fifty-six percent of the client families who provided their income for our survey have an income below the median poverty level for the area in which they reside.



Public Support, Revenue, Other	2017	2018
Contributions and Grants	\$389,447	\$706,183
Program Service Revenue	\$3,382,343	\$3,688,135
Other Revenue	\$100,393	\$52,114
Total Revenue	\$3,872,183	\$4,446,432



Expenses	2017	2018
Salaries, Other Compensation, Employee Benefits	\$3,099,322	\$3,361,766
Other Expenses	\$860,697	\$809,237
Total Expenses	\$3,960,019	\$4,171,003
Revenue Less Expenses	\$ (87,836)	\$275,429



Financial Position	Start of 2018	End of 2018
Total Assets	\$444,126	\$750,808
Total Liabilities	\$161,784	\$193,037
Net Assets or Fund Balances	\$282,342	\$557,771



Thank You

Think about what life would be like if, as a child, sounds hurt your ears and touch hurt your skin. What if you couldn't understand your mother's voice or follow movement across a room? Or, consider what it would be like if you didn't have the capacities to connect with others. Imagine your childhood, without a friend.

Think about what it would be like to be the parent of this child – the desperation of wanting to connect, to understand, to help, while hoping your child might have a full, happy life. Now imagine being provided the emotional support you need while gaining the knowledge of how to help your child achieve these goals.

This is the story of many of the families in our care – and there are hundreds of them. But it's not the only story. This annual report shares some of PCDA's offerings and opportunities for support for children with autism, cerebral palsy, Down syndrome, and other developmental disabilities.

Together we can provide children and families with the therapies they need to overcome their developmental challenges.

Together we can enable greater opportunities for their futures to be happy, meaningful and bright.

Together we can help ensure that our therapy methods will reach outside of our walls so that a greater number of children can be provided the best lives possible.

Together we can help to support family members, as they make their lifetime journey with their child.

Think about investing in the power of making it possible for a child to have the capacities to communicate, play, and have a friend.

**Together,
we can
make this
happen,
and so
much
more.**





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Pasadena, CA 91101
(626) 793-7350
www.pcdateam.org



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